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Castle Orthopaedics & Sports Medicine

Three convenient locations | 630-978-3800 | rushcopley.com/CastleOrtho

STEVEN C. CHUDIK, MD

HINSDALE ORTHOPAEDICS
A division of Illinois Bone & Joint Institute



Since 2002, Chicago orthopaedic surgeon Dr. Steven C. Chudik has been returning patients to their active lives with pioneering innovations in arthroscopic shoulder and knee surgery. Dr. Chudik holds multiple U.S. patents and developed several minimally invasive shoulder and knee surgical procedures to provide alternatives and better outcomes for his patients. He does not settle for the "standard of care." Through research and innovation, Dr. Chudik strives to discover new and better ways to treat his patients.

Patients travel the United States and internationally for Dr. Chudik's orthopaedic expertise and for his kind and genuine bedside manner. He is approachable and prefers to create a partnership with his patients that emphasizes open communication and education. According to Dr. Chudik, "Taking the time to listen and find out what is actually bothering the patient, helping them understand what is wrong, and working with the patient to determine an individualized treatment plan based on their personal timing and goals are the keys to delivering exceptional care."

Dr. Chudik is a board-certified orthopaedic surgeon fellowship trained in shoulder, knee, and sports medicine; partner at Hinsdale Orthopaedics, a division of Illinois Bone and Joint Institute; clinical professor at Loyola University of Chicago; research associate of Argonne National Laboratory and Hines Biomechanics Laboratory; "Top Doctor in Orthopaedics," team physician for USA Swimming and many local organizations; and founder of OTRF, a nonprofit foundation that helps keep people active and healthy through unbiased education and research.

STEVEN CHUDIK MD
SHOULDER, KNEE & SPORTS MEDICINE

PHOTOGRAPHY BY BOB BRISKEY

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DR. PETER D. GELDNER

THE GELDNER CENTER

Go from ordinary to extraordinary with today's advanced cosmetic surgery and aesthetic procedures from The Geldner Center. Experience a whole new way to feel about yourself and gain a new outlook on life. Dr. Peter Geldner is a nationally recognized board-certified plastic surgeon specializing in cosmetic surgery of the face and body. He has performed surgery on thousands of satisfied patients over the past 30 years and has demonstrated the highest level of expertise in his field. The entire staff at The Geldner Center is committed to maximizing each patient's aesthetic goals while providing a personalized experience.

Both our Chicago and Hinsdale locations feature CoolSculpting® by Zeltiq, which is an FDA-approved, non-invasive body contouring treatment that freezes away diet-and-exercise-resistant fat. Additionally, both our locations feature Ultherapy®, an FDA-approved, non-surgical lifting procedure for the face and neck that uses ultrasound technology to stimulate collagen production deep within your skin, providing a lift from the inside out. And we now offer EMSculpt® in our Chicago location which is FDA approved for toning abdominal muscles and lifting the buttocks—a treatment is like doing 20,000 crunches!

The Geldner Center also has licensed Nurse Injectors in both locations to meet your injectable needs, as well as licensed Medical Aestheticians specializing in chemical peels, laser hair removal, photo facials, laser therapy treatment, microneedling, skin care regimens, and more.

Together, Dr. Geldner and the Geldner Center staff can help you achieve the look you desire with the personalized care you deserve so you have the confidence to live life to the fullest.



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DR. MANAL IBRAHIM AND DR. ANTHONY LAVACCA

INNOVATIVE DENTAL PARTNERS

Husband and wife, Dr. Anthony LaVacca, Diplomate, American Board of Prosthodontics, and Dr. Manal Ibrahim, Diplomate, American Board of Orthodontics, are leaders in their fields. Dr. Ibrahim is among the top Invisalign® and SureSmile®/Braces providers in the world and serves as a faculty member in the Department of Orthodontics at the University of Illinois at Chicago. Her technology-driven approach has led to her reputation as a leader in comfortable, accelerated orthodontics.

Dr. LaVacca has been recognized for his contributions in the field of implant prosthodontics. He has participated in research studies, published articles and even provided the Chicago Blackhawks with dental care. Dr. LaVacca uses cutting-edge techniques and tools to give patients life-changing reconstructive dental treatment.

Because of their shared passion for high-tech dentistry, the couple opened Innovative Dental Partners with three practices under its umbrella: Innovative Pediatric Dentistry, Innovative Orthodontic Centers and Naperville Dental Specialists. With connected offices, an energetic, family atmosphere and coordination between practices, they've truly created a unique dental destination that gives patients a lifetime oral health solution. It's no wonder they've been voted "Best Dental Practice" in Naperville for 13 consecutive years.



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GILVYDIS VEIN CLINIC

Gilvydis Vein Clinic is known for excellence in vein care and for always providing the highest-quality, individualized care with the best possible outcomes for our patients.

Dr. Rimas Gilvydis brings the diagnosis and treatment of venous disease to the 21st century, combining modern technology with advanced expertise. He is a board-certified vascular and interventional radiologist as well as a diplomate of the American Board of Venous & Lymphatic Medicine. With two convenient locations in Geneva and Sycamore, our team has performed more than 24,000 successful laser vein treatments. Treatment options at Gilvydis Vein Clinic are minimally invasive, require little-to-no

downtime and are covered by most insurance plans.

Vein disease is progressive and if left untreated can harm your quality of life and limit your active lifestyle.

Request a consultation today to address the leg pain, achiness and fatigue related to vein disease by visiting gilvydisvein.com or calling 815-981-4742.



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EVE MALCOLM, AU.D

OWNER/AUDIOLOGIST, AFFORDABLE HEARING SOLUTIONS

Dr. Eve Malcolm is the owner of Affordable Hearing Solutions—for years frequently recognized as a Best of Naperville nominee—she provides the utmost personal attention and care to all patients' hearing needs. Diagnostic hearing evaluations, state of the art hearing care solutions, and attention to detail have been the foundations of care at AHS since opening in 2009.

Better hearing is very personal to Dr. Malcolm. "Having been diagnosed with significant hearing loss as a teenager, and wearing hearing aids for over 15 years, I'm able to understand and relate to the struggles of my patients' experience daily." Audiology is a major part of

both her professional and personal lives, and she strives to provide the best hearing care and treatment solutions for the Naperville area.



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